

## La Bicicletta Tours - Sources

### Home (Page)

#### Home Page Hero Video Clips



Video by [Rehook Bike](#) from [Pexels](#)

“Man Riding Bicycle in Forest”

<https://www.pexels.com/video/man-riding-bicycle-in-forest-9939939/>

Rehook Bike. (n.d.). *Man Riding Bicycle in Forest* [Video]. Pexels.

<https://www.pexels.com/video/man-riding-bicycle-in-forest-9939939/>



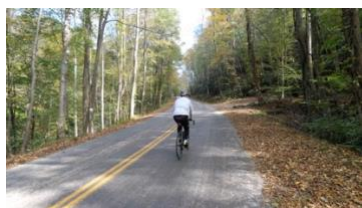
Video by [Pavel Danilyuk](#) from [Pexels](#)

“Three Cyclists on Road (a)”

<https://www.pexels.com/video/three-cyclists-on-road-5790141/>

Danilyuk, P. (n.d.). *Three Cyclists on Road (a)* [Video]. Pexels.

<https://www.pexels.com/video/three-cyclists-on-road-5790141/>



Video by [Jeremy Powers](#) from [Pexels](#)

“A Person Riding a Bicycle”

<https://www.pexels.com/video/a-person-riding-a-bicycle-5852927/>

Powers, J. (n.d.). *A Person Riding a Bicycle* [Video]. Pexels. <https://www.pexels.com/video/a-person-riding-a-bicycle-5852927/>

<https://www.pexels.com/video/a-person-riding-a-bicycle-5852927/>



Video by [Pavel Danilyuk](#) from [Pexels](#)

“Three Cyclists on Road (b)”

<https://www.pexels.com/video/three-cyclists-on-road-5790152/>

Danilyuk, P. (n.d.). *Three Cyclists on Road (b)* [Video]. Pexels.

<https://www.pexels.com/video/three-cyclists-on-road-5790152/>



Video by [Martina Tomšič](#) from [Pexels](#)

“A Cyclist Enjoying The Ocean View”

<https://www.pexels.com/video/a-cyclist-enjoying-the-ocean-view-5151350/>

Tomšič, M. (n.d.). *A Cyclist Enjoying The Ocean View* [Video]. Pexels.

<https://www.pexels.com/video/a-cyclist-enjoying-the-ocean-view-5151350/>



Video by [Pavel Danilyuk](#) from [Pexels](#)

“Two Cyclists on Road”

<https://www.pexels.com/video/two-cyclists-on-road-5790148/>

Danilyuk, P. (n.d.). *Two Cyclists on Road* [Video]. Pexels. <https://www.pexels.com/video/two-cyclists-on-road-5790148/>



Video by [Pavel Danilyuk](#) from [Pexels](#)

“Three Cyclists on Road (c)”

<https://www.pexels.com/video/three-cyclists-on-road-5790198/>

Danilyuk, P. (n.d.). *Three Cyclists on Road (c)* [Video]. Pexels.

<https://www.pexels.com/video/three-cyclists-on-road-5790198/>



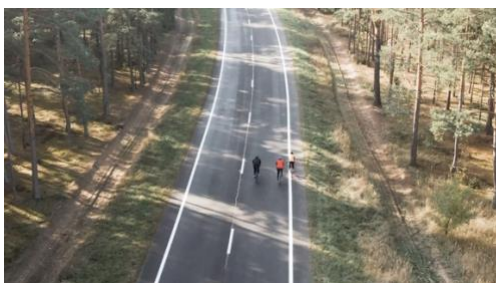
Video by [Pavel Danilyuk](#) from [Pexels](#)

“Three Cyclists Chatting”

<https://www.pexels.com/video/three-cyclists-chatting-5790144/>

Danilyuk, P. (n.d.). *Three Cyclists Chatting (c)* [Video]. Pexels.

<https://www.pexels.com/video/three-cyclists-chatting-5790144/>



Video by [Pavel Danilyuk](#) from [Pexels](#)

“Aerial View of Three Bicyclist on the Road”

<https://www.pexels.com/video/aerial-view-of-three-bicyclist-on-the-road-5790256/>

Danilyuk, P. (n.d.). *Aerial View of Three Cyclists on Road* [Video]. Pexels.

<https://www.pexels.com/video/aerial-view-of-three-bicyclist-on-the-road-5790256/>



Video by [Pavel Danilyuk](#) from [Pexels](#)

“Two Cyclists Greeting”

<https://www.pexels.com/video/two-cyclists-greeting-5790204/>

Danilyuk, P. (n.d.). *Two Cyclists Greeting* [Video]. Pexels. <https://www.pexels.com/video/two-cyclists-greeting-5790204/>



Video by [Simone Bergamasco](#) from [Pexels](#)

“Drone Footage of Cathedral in Florence”

<https://www.pexels.com/video/drone-footage-of-cathedral-in-florence-11481154/>

Bergamasco, S. (n.d.). *Drone Footage of Cathedral in Florence* [Video]. Pexels. <https://www.pexels.com/video/drone-footage-of-cathedral-in-florence-11481154/>



Video by [Ivan Khmelyuk](#) from [Pexels](#)

“A Woman Biking by a Mountainside in Lake Garda”

<https://www.pexels.com/video/a-woman-biking-by-a-mountainside-in-lake-garda-9304876/>

Khmelyuk, I. (n.d.). *A Woman Biking by a Mountainside in Lake Garda* [Video]. Pexels. <https://www.pexels.com/video/a-woman-biking-by-a-mountainside-in-lake-garda-9304876/>



Video by [Martina Tomšič](#) from [Pexels](#)  
“Man Riding a Bike on a Bicycle Lane”

<https://www.pexels.com/video/man-riding-a-bike-on-a-bicycle-lane-5151347/>

Tomšič, M. (n.d.). *Man Riding a Bike on a Bicycle Lane* [Video]. Pexels.  
<https://www.pexels.com/video/man-riding-a-bike-on-a-bicycle-lane-5151347/>



Video by [Martina Tomšič](#) from [Pexels](#)  
“Man Riding a Bicycle in an Alley”

<https://www.pexels.com/video/man-riding-a-bicycle-in-an-alley-5168990/>

Tomšič, M. (n.d.). *Man Riding a Bicycle in an Alley* [Video]. Pexels.  
<https://www.pexels.com/video/man-riding-a-bicycle-in-an-alley-5168990/>



Video by [Pavel Danilyuk](#) from [Pexels](#)  
“Cycling Closeup”

<https://www.pexels.com/video/cycling-closeup-5789979/>

Danilyuk, P. (n.d.). *Cycling Closeup* [Video]. Pexels. <https://www.pexels.com/video/cycling-closeup-5789979/>





Video by [Pavel Danilyuk](#) from [Pexels](#)

“Three Cyclists on Road (d)”

<https://www.pexels.com/video/three-cyclists-on-road-5790072/>

Danilyuk, P. (n.d.). *Three Cyclists on Road (d)* [Video]. Pexels.

<https://www.pexels.com/video/three-cyclists-on-road-5790072/>

## Home Page Photo Gallery



Photo by Unknown on Pexels.

(Untitled illustration of bike on beach at sunset, n.d.)

<https://www.pexels.com/en/public-domain-photo-fsvrp>



Photo by Unknown on Pexels.

(Untitled illustration of Tuscan hills, n.d.)

<https://www.pexels.com/en/public-domain-photo-owycw>



Photo by Unknown on Piqsels.  
(Untitled illustration of man on bicycle, n.d.)  
<https://www.piqsels.com/en/public-domain-photo-zqscz>

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(Untitled illustration of country road cyclist, n.d.)  
<https://www.piqsels.com/en/public-domain-photo-zbcdn>



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(Untitled illustration of still grey bike, n.d.)  
<https://www.piqsels.com/en/public-domain-photo-smsrk>



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(Untitled illustration of man carrying bike at beach, n.d.)  
<https://www.piqsels.com/en/public-domain-photo-otccb>




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(Untitled illustration of cyclists on mountain road, n.d.)  
<https://www.piqsels.com/en/public-domain-photo-fkrle>



Photo by Unknown on Piqsels.  
(Untitled illustration of cyclists at sunset, n.d.)  
<https://www.piqsels.com/en/public-domain-photo-fkrmi>



	
<p>Photo by Unknown on Piquesels.          (Untitled illustration of cyclists near mountain village, n.d.)  <a href="https://www.piquesels.com/en/public-domain-photo-izdoz">https://www.piquesels.com/en/public-domain-photo-izdoz</a></p>	

## Tours (Page)



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 (Cyclists on a country road, n.d.)  
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### Guided Tours

Our guided tours are perfect for the traveller who wants a luxury biking experience. Our knowledgeable and enthusiastic guides will take you on an adventure of a lifetime. Guided tours include accommodation, a top-of-the-line bike, and all the equipment you need to be comfortable on your journey. The tours start with a professional bike-fitting and each day begins with a detailed briefing (*Private Guided Tours*, n.d.). Every guided tour comes with a dedicated, bilingual guide and support vehicle (*Private Guided Tours*, n.d.). Lunches and snacks are provided. You can spend your days enjoying the ride, knowing that everything is taken care of.



## **Self-Guided Tours**

Our self-guided tours include a road map and a detailed itinerary. You'll be able to take as much time as you need and book the accommodations that fit your budget. Itineraries include suggested routes, places to stop, highlights, and a whole lot more. You can ride at your own pace and choose the route difficulty that suits your riding style. Our support vans are close by if you need assistance. With the self-guided itineraries, you get to choose the type of bike you ride and your accommodation, trip duration, and days of travel (*Self-Guided Tours*, n.d.). These tours are perfect for the independent traveller.

## Book (Page)



Photo by Unknown on Piqsels.

(Country road cyclist on a curvy road, n.d.)

<https://www.piqsels.com/en/public-domain-photo-zbcpg>

### Terms and Conditions

Tours and reservations are subject to the following terms and conditions (*Terms + Conditions*, n.d.):

- ***Deposit***
  - To reserve a guided tour, La Bicletta requires a €400 deposit per person for scheduled tours and a non-refundable €600 deposit per person for private tours.
- ***Final Payment***
  - Once we receive your reservation and deposit, and have confirmed your reservation, you will receive an invoice with the outstanding amount for the final payment. The final payment is required at 90 days before departure for all scheduled and private tours. For reservations made less than 90 days before the scheduled tour start date, the final payment is due at the time of booking.
- ***Late Payment***
  - If we do not receive the final payment within 15 days after the payment deadline, a €100 late fee is applied. If payment is not made within 60 days of the starting date of the tour, your reservation will be cancelled.
- ***Pricing***
  - The prices on La Bicletta Tours website are displayed in Euros (€). Each itinerary is specific to the tour. See the specific trip page for a list of what is included and excluded. Prices are subject to change without notice.

- ***Cancellations***

- The cancellation policy reflects the costs incurred by La Bicicletta in arranging the tour well before the scheduled departure date. La Bicicletta strictly enforces the following cancellation fee schedule:

- ***Harassment Policy***

- La Bicicletta is committed to providing tours that are free from abusive and disrespectful behaviour and any other inappropriate conduct. Inappropriate conduct includes, but is not limited to, derogatory jokes, racism, sexual harassment, physical or verbal threats, assault, unwanted touching, and other disrespectful behaviour. These actions may result in immediate dismissal from the tour. If a guest is asked to leave the tour, no refund will be provided and La Bicicletta will not be responsible for any costs incurred by the guest as a result.



## Destinations (Page)



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(Untitled illustration of hills in countryside, n.d.)

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### Tuscany



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(Untitled illustration of Tuscan hills, n.d.)

<https://www.piquesels.com/en/public-domain-photo-owycw>

Tuscany is a large region in central Italy and is known for its landscapes, artists, and history (*Tuscany*, n.d.). It is filled with rustic farms, manicured fields, sandy beaches, and hillside villages (*Tuscany Travel Guide*, n.d.). The gentle hills and country roads are perfect for all levels of cyclists. Few locations in Italy offer the variety of cycling routes as you can find in Tuscany. Experience amazing views, country vineyards, rustic villages, and a serene landscape (*5 Reasons Why You Need To Cycle In Tuscany*, 2018). Our itineraries will take you on the best back roads that are smooth, scenic, and perfect for two wheels. One of our best tours is on the country lanes between La Spezia and Florence. Tuscany is home to a number of UNESCO World Heritage Sites and world-class wineries (*5 Reasons Why You Need To Cycle In Tuscany*, 2018).

## Liguria



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(Untitled illustration of Cinque Terre, n.d.)

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Liguria is a long, narrow region hugging the Mediterranean coast of northwest Italy. The capital Genova provides easy access by plane from most European cities. The region is characterised by mountains, hills, and rocky beaches. It is home to the Cinque Terre – five picturesque villages that make up a UNESCO World Heritage Site (*Cinque Terre Italy: Monterosso, Vernazza, Corniglia, Manarola and Riomaggiore*, n.d.). Liguria offers challenging cycling routes and tours here are broken up into sections with trains connecting the various legs of the routes. To make your ride more enjoyable, we recommend touring on an electric bicycle.

## About (Page)



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(Untitled illustration of a road bike on dirt road, n.d.)

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### Our Team

Our team is made up of certified local guides. Our guides are experts on the region in which they provide tours. They know everything about the area including the food, history, art, museums, churches, and geography. They are all licensed by the International Guide Academy and have a deep understanding of the tourism industry and what it takes to provide the highest quality experience for guests (Fitzpatrick, 2019).

### Packing Essentials

Before you start your tour, you need to ensure you have packed all the necessities. The following items will help to keep you comfortable while you are on or off the saddle (*Bicycle Touring Checklist—What You Need*, n.d.):

- Essentials (you need to bring)
  - Sunglasses or clear lenses
  - Emergency contact info
  - Smartphone
  - Water bottle or hydration pack
  - Daypack
  - Comfortable clothes – shirt, shorts, etc.
  - Layers– windbreaker, rain jacket, sleeves, leggings, etc. (weather dependent)
  - Socks – wool or synthetic
  - Fall/winter gloves (weather dependent)
  - Fleece/wool hat (weather dependent)
  - Sunscreen
  - Post-ride shoes or sandals
  - Post-ride set of clothes - shirt, shorts/pants, underwear, socks, etc.
  - Swimsuit
  - Snacks



- Bike helmet
- Documents
  - Credit/Debit Card
  - Cash
  - Driver's license
  - Passport
  - Photocopies of passport and credit cards
  - Travel Insurance card
- Optional
  - GPS
  - Electrolyte powder
  - Camera + accessories
- Other Items (provided by us on guided tours)
  - Snacks
  - GPS
  - Toilet paper/tissue
  - Basic first aid kit
  - Panniers (20- or 40-liter)
  - Headlight
  - Flashing taillight
  - Bungee Cords
  - Reflectors
  - Bike Lock
  - Mirror (on handlebar or helmet)
  - Repair tools
  - Spare bike parts

### **Contact (Page)**



Photo by Unknown on Pexels.

*(Untitled illustration of a cyclist riding in the hills at sunset, n.d.)*

<https://www.pexels.com/en/public-domain-photo-jfpes>

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[Untitled illustration of man carrying bike at beach]. Piquesels. <https://www.piquesels.com/en/public-domain-photo-otccb>

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[Untitled illustration of person holding map]. Piquesels. <https://www.piquesels.com/en/public-domain-photo-jjxnp>

[Untitled illustration of road bike on dirt road]. Piquesels. <https://www.piquesels.com/en/public-domain-photo-jyqgg>

[Untitled illustration of still grey bike]. Piquesels. <https://www.piquesels.com/en/public-domain-photo-smsrk>

[Untitled illustration of Tuscan hills]. Piquesels. <https://www.piquesels.com/en/public-domain-photo-owycw>